



Flicka Gymnastics Club

Communicable Disease Plan

Please note: this document is subject to change following provincial health and safety requirements.

This Club Communicable Disease Plan has been approved by the Flicka Gymnastics Club Board of Directors on June 29, 2022

Flicka Gymnastics Club Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

Flicka Gymnastics Club is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. **Flicka Gymnastics Club** will complete the following:

1. **Flicka Gymnastics Club** will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
2. **Flicka Gymnastics Club** will promote hand hygiene by providing hand sanitizer within the gym; public washrooms are also available in the Harry Jerome Recreation Centre with appropriate supplies. **Flicka Gymnastics Club** will promote hand hygiene by reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
3. **Flicka Gymnastics Club** will maintain a clean environment through routine cleaning processes. Coaching staff disinfect the equipment after each session. Cleaning staff attend and disinfect the facility at the end of the day using hospital grade product.
4. **Flicka Gymnastics Club** will ensure building ventilation is properly maintained and functioning as designed.
5. To a reasonable extent, **Flicka Gymnastics Club** will support employees in receiving vaccinations for vaccine-preventable conditions.
6. **Flicka Gymnastics Club** is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.